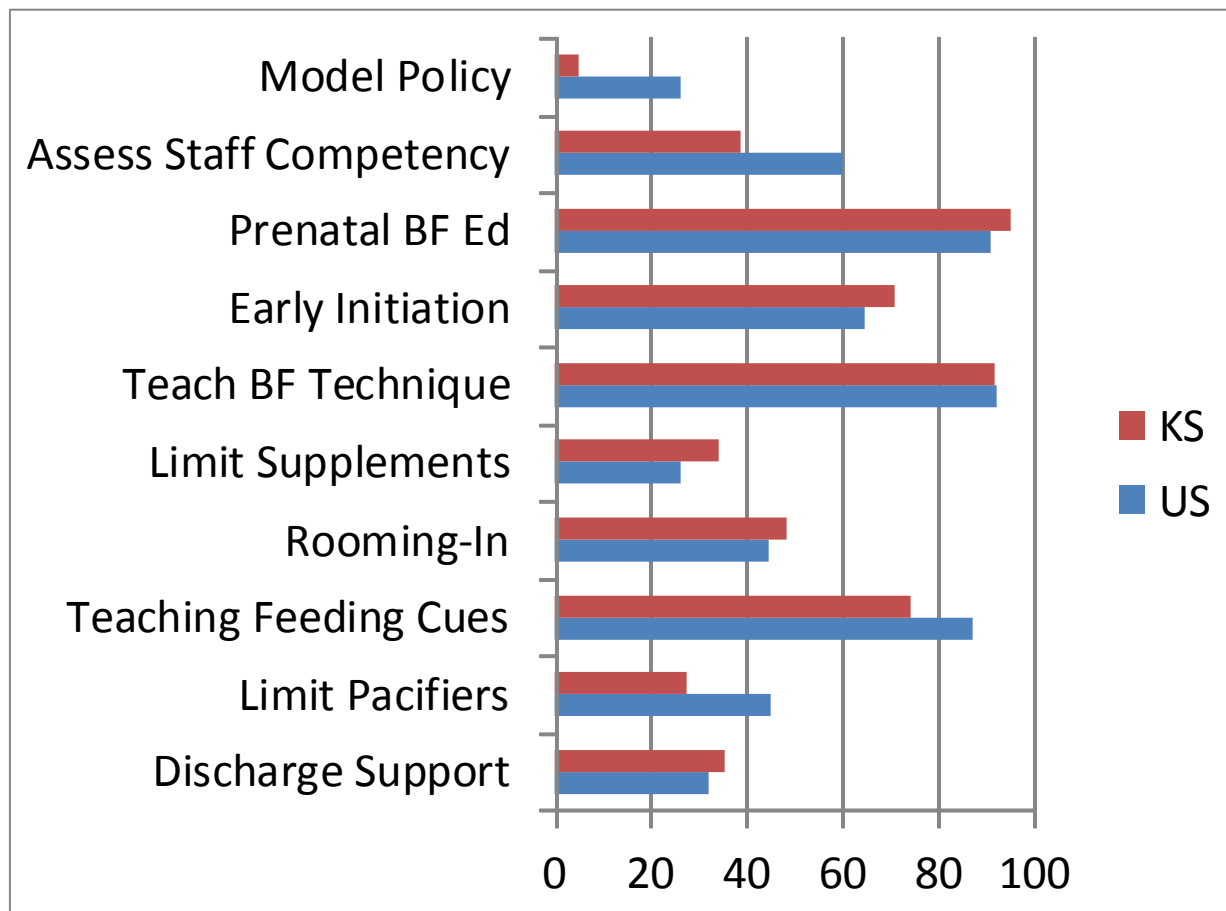




# Breastfeeding E-News

## The 2013 mPINC Scores Are Here

The Maternity Practices in Infant Nutrition and Care survey, fondly known as the mPINC, 2013 report was released in October. Sixty-two Kansas hospitals participated in the survey or about 85 percent of hospitals that deliver babies in Kansas. Each hospital that participates receives an individual report and Kansas receives a summary report. The graph below shows how Kansas matches up with the United States averages for ten areas. Each of these areas corresponds with the Baby Friendly Hospital initiative ten steps. Kansas hospitals are doing very well in teaching prenataly about breastfeeding and teaching breastfeeding techniques which results in early initiation. However there are few policies to support these measures to insure that all staff is trained in assisting breastfeeding families. This is reflected in poor rates of exclusive breastfeeding at six months in Kansas.



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## More Kansas Birthing Facility mPINC Data Facts

- 80.6 percent of facilities report receiving free infant formula.
  - 45.2 percent of facilities report providing discharge packs containing product marketing infant formula samples.
  - 95.2 percent of facilities report including breastfeeding as a component of prenatal education.
  - 96.4 percent of facilities report that mothers following vaginal birth are connected with their infants within 30 minutes after delivery.
  - 48.4 percent of facilities report supporting rooming-in for at least twenty-three hours per day for full-term, healthy infants.
  - 80.9 and 83.3 percent of Kansas infants are removed from their mother's room for a hearing test and heel stick respectively.
  - 100 percent of facilities report supporting staff by providing breaks for pumping breastmilk.
  - 27.4 percent of facilities report providing paid maternity leave for staff.
  - Kansas breastfeeding initiation rate—77.4 percent, U.S.—79.2. Kansas exclusive breastfeeding at six months rate—11.4 percent, U.S. 18.8 (data from 2014 Breastfeeding Report Card)
  - Find more mPINC data [here](#).
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## In the News

- A *ScienceNews* article features [A Timeline of Baby's First Hour](#). This is a documentation of a baby's instinctual behaviors the first seventy minutes of life. The article does point out that the minute markers are median numbers taken from a small number of newborns so time varies, however still fascinating.
  - CDC is providing infographics about pregnancy and smoking free for use. Check this [site](#) to view and print.
  - A new WHO statement illustrates a commitment to promoting the rights of women and to promoting access to safe, timely, respectful care during childbirth. Read [more](#).
  - Worrying about ebola? [Recommendations for Breastfeeding/Infant Feeding in the Context of Ebola](#).
  - "Nearly 60 percent of U.S. workers are eligible for leave under the Family and Medical Leave Act, which guarantees unpaid, job-protected leave for men and women to care for their newborn or newly adopted children, seriously ill family members, or their own health needs. However, many workers and many women simply can't afford to take unpaid leave." from United States Department of Labor. [Read](#) their stories.
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## Thought for the Day

**"I make milk.**

**What's your superpower?"**



**I drink  
super -  
powered  
breastmilk**